

	EXCEEDING	FULLY MEETING	MEETING	MODERATELY MEETING	MINIMALLY MEETING	NOT YET MEETING
PARTICIPATION	<ul style="list-style-type: none"> -Participates in ALL activities -EXTREMELY energetic -Participant is ALWAYS in their target heart zone -Enjoys their participation in the activities and is ALWAYS positive 	<ul style="list-style-type: none"> -Participates in ALL activities - Participant is CONSISTENTLY in their target heart rate zone -CONSISTENTLY energetic - Positive during their participation 	<ul style="list-style-type: none"> - Shows EFFECTIVE participation in activities. - Positive during participation - heart rate is close to target - shows some enjoyment 	<ul style="list-style-type: none"> -Participates in MOST activities -Actively participates but SOMETIMES reaches target heart rate -Needs to demonstrate more energy and positivity while participating -Teacher might remind 	<ul style="list-style-type: none"> -Participation in activities is INCONSISTENT -Participation is USUALLY bystander - consistently DOES NOT reach their target heart rate zone -Does not enjoy participating in activities 	<ul style="list-style-type: none"> -Tries to avoid participation -Non engagement (NO MOV'T or PARTICIPATION) in activity (Heart rate is normal) -Does not enjoy and/or is constantly negative towards participation
MOVEMENT SKILLS	<ul style="list-style-type: none"> -Uses proper techniques ALL of the time - Execution of technique/mov't is ALWAYS successful - Mov't skills are smooth, nature and efficient -Skills are SUPERIOR 	<ul style="list-style-type: none"> -Uses proper techniques MOST of the time - Execution of technique/mov't is USUALLY successful - Mov't skills are done smoothly -Skills are better than AVERAGE 	<ul style="list-style-type: none"> -Uses proper techniques when reminded - Execution of technique/ mov't is EFFECTIVE - Mov't skills are SOMEWHAT smooth -Skills are AVERAGE 	<ul style="list-style-type: none"> -Uses proper technique SOMETIMES -Execution of technique/mov't skill is SOMETIMES successful -Mov't skills are somewhat uncoordinated -Skills are AVERAGE -May require reminder of skill from teacher 	<ul style="list-style-type: none"> -Proper technique is RARELY used or has to be reminded to use it - Execution of technique/mov't skill is difficult/problematic -Mov't skills are uncoordinated -Skills are BELOW AVERAGE 	<ul style="list-style-type: none"> -Proper technique is NEVER used or not used willingly -Execution of technique/mov't skill is not successful -Student not able to complete mov't skill -Skills are not evident - Perceived lack of coordination/skill
SAFETY FAIR PLAY LEADERSHIP	<ul style="list-style-type: none"> -ALWAYS demonstrate safety throughout all activities -Equipment and facilities are ALWAYS treated with respect and taken care of -Sportsmanship, following rules, and teamwork ALWAYS demonstrated 	<ul style="list-style-type: none"> -CONSISTENTLY demonstrates safety in all activities -Equipment and facilities are ALWAYS treated with respect -Sportsmanship, following of rules and teamwork are CONSISTENTLY demonstrated 	<ul style="list-style-type: none"> - demonstrates safety in MOST activities -Equipment and facilities are MOSTLY treated with respect - Following rules, sportsmanship and teamwork are MOSTLY demonstrated 	<ul style="list-style-type: none"> -USUALLY demonstrates safe procedures during activities -Equipment and facilities are USUALLY treated with respect -Sportsmanship, rules and teamwork are USUALLY demonstrated. -Teacher might need to remind student of these 	<ul style="list-style-type: none"> -Sometimes considers the safety for themselves or others - SOMETIMES equipment & facilities are treated with respect -Sportsmanship, following of rules and teamwork are MINIMALLY shown. -Needs FREQUENT teacher reminders 	<ul style="list-style-type: none"> -NEVER SHOWS or DISREGARDS the safety for themselves or others -Equipment and facilities are abused and mistreated REPEATEDLY -Sportsmanship, following of rules and teamwork are not demonstrated

